GOLDFIELD INFANTS' AND NURSERY SCHOOL

Spring Term Newsletter



Friday 26th January 2024

Contact us: admin@goldfield.herts.sch.uk



<u>Happy Birthday</u>

Harry, Sam, Charlie, Barnaby, Brooke, Tallulah & Georgie



Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup **when they're unwell.** There are government guidelines for schools and nurseries about <u>managing specific</u> infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. If you do keep your child at home, it's important to phone or email the school on the first day telling us that your child won't be in and give them the reason. Click here to give you further advice.



REMEMBER, REMEMBER......

30.1.24		Seasonal Change– Year 1
31.1.24		Seasonal Change– Year 2
1.2.24	8.30-9am	Sharing Morning-Reception, Year 1 & Year 2
6.2.24		Safer Internet Day
7.2.24	9am	Wellbeing morning
14.2.24		BLP Day
13.2.24	Carlot Control	Chinese New Year Dance Worksop
19.2.24-23.2.24		Half Term
5.3.24	3.45-7pm	Parents Consultation
7.3.24		World Book Day– Dress up as a book Character
8.3.24		Visiting Speaker to talk to Year 2 about Ramadan
18.3.24-22.3.24	13.4	Scholastic Book Fair
27.3.24	Common Common	Easter Bonnet Parade
28.3.24		End of term– early finish Nursery– 11.30 No lunch club Reception, 1 & 2– 1.45pm

Policies

All statutory polices that the school has are on the school website. Please click here to find them. The Home School Agreement and the Relationships, Sex and Health Education Policy have recently been updated.

Keeping Our Children Safe

The Hertfordshire Safeguarding Children Partnership (HSCP) has been set up so that all agencies and organisations who work with children and young people work together to keep children safe. Call 0300 123 4043 at anytime if you are a child or young person being abused or mistreated; or if you are an adult worried about a young person. Call 999 if you're in immediate danger or a crime is being committed.





to Alfie, Caleb, Arthur, Jack, Jude, Lucy, Marcus, Milo, Matilda and Libby. Look out for the post!



Netflix is a subscription-based streaming service that allows users to watch TV shows and movies on any internet-enabled device that supports the software, such as

smart TVs, phones and tablets. Netflix's diverse range of programming caters for all age groups - so it's important for parents to recognise the potential risks of children using the service and the measures to help their child enjoy a safe streaming experience. In the guide on the next page, you'll find tips on a number of potential risks such as screen addiction, inappropriate content and hacking attempts.

Amazon Wishlist

Budgets in schools have been getting tighter and tighter over the last few years. We often have parents that ask if there is anything they can do, if they are unable to attend the PTA's fantastic events. As a result, we have created an Amazon wish list, which\dd is availa-

ble for parents to access and donate anything from the list. This will include items such as pritt sticks, pens, pencils and other stationery. There is no expectation that all parents do this, but if you feel you can help in any way, it would be greatly appreciated. To access our Wish List, please clic

What Parents & Carers Need to Know about

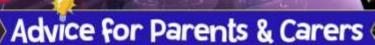
Netflix is a subscription-based streaming service that allows users to watch TV shows and movies on any internet-enabled device that supports the software, such as smart TVs, phones and tablets. The pandemic saw a surge in children consuming an-demand content as many families relaxed their screen-time rules. Netflix's diverse range of programming caters for all age groups — so it's important for parents to recognise the potential risks of children using the service and the measures to help their child enjoy a safe streaming experience

INAPPROPRIATE CONTENT

BINGE-WATCHING

SCREEN ADDICTION

HACKING ATTEMPTS



KEEP ACCOUNTS SECURE

SET UP PROFILE PINS

Netflix account holders can lock profiles using a four-digit FIN. Doing this can prevent your child from accessing the wrong account and viewing content that isn't oppropriate for their age. Try setting a FIN for each account on your Netflix app — ideally avoiding numbers that would be easily guessed, such as dates of birth. Remember not to share these PINs with anyone, including family.

CHECK MATURITY RATING

18 Netfilx warns about content that includes violence, sex, profenity and nudity. These warnings form part of the show or movie's 'maturity rafing'.
Users can restrict age ratings to avoid children viewing age-inappropriats content.
On their profile, open the Profile and Parental Control settings and choose the maturity level for the shows and movies you want to allow.

SWITCH OFF AUTO-PLAY

When a show or movie concludes, Netflix's algorithms select content with similar themes that it thinks your child will enjoy next. This new content starts automatically diter a 10-second countdown. Disabiling this auto-play feature reduces the possibility of your child being shown something inappropriate and provides a natural break to help prevent them becoming too immersed in Netflix.

CREATE A KIDS' PROFILE

Setting up a Netflix Kids experience profile means your child can only access content which is suitable for children aged up to 12 years. All other content is automatically blocked. This rating can be further restricted via the childr's profile settings. Setting up a Netflix Kids experience profile will help to prevent your child from viewing age-inappropriate content.

HELLO

CHECK VIEWING HABITS

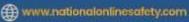
Netflix has tools which enable parents and carers to monitor what their child has been watching. Selecting 'Viewing Activity' in each profile's account settings displays a list of what content has been viowed (and when). This can reassure parents that their child is watching age-appropriate content and can open avenues for discussing your child's favourite shows and movies, and why they like them.

Meet Our Expert

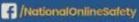


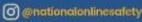












9 MENTAL HEA



WORRY TIME

overcome them

Set aside a time each day for your child worry. Discuss with your child how long the worry time will be for. In this time your child can write down their worries, discuss them with your or problem solve to

THOUGHT CHALLENGING

Help your child to write down any unhelpful thoughts they that experience. Try to challenge them with your child and come up with more realistic and helpful ones

ACTIVITY PLANNING SSSS

Create an activity diary with your child and help them to schedule in some pleasurable and achievement related activities

TALKING ABOUT FEELINGS

Why not create a time each week where your child can speak to you about their thoughts and feelings

3 GOOD THINGS

Before bed spend some time with your child to identify and write down three good things they achieved from the day

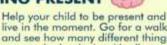
WELLBEING

Support your child to look after their wellbeing. Cook healthy meals with them, exercise or play sport with them and make sure they are getting enough sleep

IMAGERY

Work with your child to imagine themselves in an imaginary future where everything has turned out in a positive way

BEING PRESENT



THOUGHT TESTING

